



Hudson Valley ECK Events - June 2018

ECK is the thread--so fine as to be invisible, yet so strong as to be unbreakable--which binds together all beings in all the worlds of God, in all universes, throughout all time, and beyond time into eternity.

-- *The Shariyat-Ki-Sugmad*, p 428

All public events are open to all and free of charge.

Member-only (chela) events are marked as such.

Please note: A recurring event may be canceled or rescheduled due to a holiday or a seminar etc. so please check the [NY Events Calendar](#), then click on Hudson Valley to narrow to our area, and for specific dates.

Announcements

A New Format For Our Newsletter!

Any comments, suggestions, etc. about the email-delivered format of the newsletter please send them to me, Osi, at nysshudson@gmail.com, or phone 845-418-3871.

SPIRITUAL DISCUSSIONS - FOLLOW-UP NY SEMINAR EVENTS

As part of a series of follow-up events after the highly successful 2018 NY ECKANKAR Regional Seminar in New Paltz, we are hosting a Spiritual Discussion event once a month for three months at the **Café-teria Coffee House** on 58 Main Street, New Paltz. The second discussion is on Saturday June 16, 2018, 11:00–12:00 pm, and the topic is: *Life Challenges, Questions, and Surprising Answers*.

Join us to explore how to recognize the different ways Divine Spirit communicates with us and gives us answers to our questions.

With Love in ECK,

Osi Audu - editor, Hudson Valley

[Follow our Public Events on Meetup](https://www.meetup.com/ECK-ExploringSpirituality/events/) (<https://www.meetup.com/ECK-ExploringSpirituality/events/>)

EVENTS OPEN TO THE PUBLIC

ECK Light and Sound Services

All are welcome to attend.

Members of Eckankar and the public are warmly invited to attend ECK Light and Sound Services. Each service focuses on a spiritual principle at work in daily life, and often features a reading from the ECK works, singing HU (an uplifting spiritual name for God), talks, music, and a group discussion on a spiritual topic. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special opportunity for experiencing the Light and Sound of God.

• 2nd Sunday of each month 10:00am - 11:00am

Location: 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561

Details of the ECK Light and Sound Service in June:

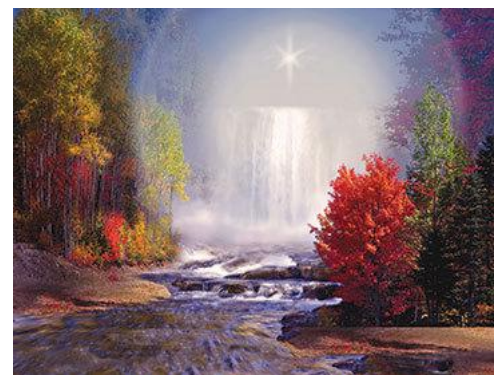
Date: Sunday June 10, 2018

Time: 10:00 - 11:00 am

Theme: *Animals are Soul too.*

Officiator: Sandra Kossar

There will be some light refreshments after the service.



Sound of Soul Events

"Welcome to the worlds of HU, an ancient, universal name for God.... HU is the Sound behind all sounds, woven into the language

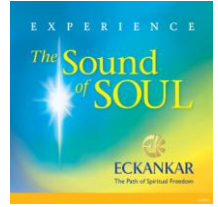
of life. In time you may come to know it as the audible whisper of God's love stirring in your very atoms. A proof that Soul exists because God loves It. Love opens you to its guidance, peace, healing of body, mind, and spirit, and to the highest form of creativity.

"And whom do you love?"

"God, the Creator, Divine Intelligence, the Holy Spirit, the ECK, the Life Force, the All in All, the One. Or just love your family, pets, your neighbor as yourself, the flowers you watered today. Love is love.

And you are that. HU is the Sound of Soul."

-- [Harold Klemp](#), *The Sound of Soul*, p. 1 - 2



All are welcome to participate in the Sound of Soul Events at these locations, chant the sacred word - HU, participate in uplifting spiritual conversation, and enjoy some light refreshments:

- 1st Sunday of every month, 10:00am-11:00am

Location: Deyo Hall, 6 Broadhead Ave. , New Paltz, NY 12561

Event date this June - Sunday 6/3/18

- 3rd Monday of every month, 7:15pm - 8:00pm

Location: Gardiner Library, 133 Farmer's Turnpike Gardiner NY 12525

Event date this June - Monday 6/18/18

[Listen to HU: The Sound of Soul](#)

ECK Book Discussion

NEW PALTZ

The Shariyat-Ki-Sugmad

Book Discussion Class

"The ancient books of The Shariyat-Ki-Sugmad are indeed the true Light and the Word of God: It takes up and discusses every phase of life in both the worlds of matter and the highest planes."

—The Shariyat-Ki-Sugmad, Book One, p. xiv

The Shariyat-Ki-Sugmad Book discussion class welcomes your attendance each month to discuss spiritual principles to uplift and inspire your life.

- **2nd Thursday of every month, 7:30pm - 9:00pm**

Next Class Date: Thursday June 14, 2018

Discussing: Book 1, chapter 6

- **New Paltz Location: Check [calendar entry](#) for location details**



Upcoming Seminars

Click for more information about the 2018 Maine ECK Regional Seminar

ECKANKAR on Cable TV

Listen to half-hour talks by Harold Klemp, the spiritual leader of Eckankar, air on

Sundays at 12:00 PM, on **Channel 21 (Cablevision of Wappingers Falls)**.

The schedule for **June 2018** is as follows:

06/03--This Gentle Flame of Love

06/10--The Road to Spiritual Freedom: A History



06/17--The Heart and Hand of God: Jewels of Wisdom

06/24--Gifts Stranger Than Fiction

Contact Information



If you would like more information about ECKANKAR, you can visit www.eckankar.org or download a free book at eckankar.org/FreeBook

you may also contact Regional ECK Spiritual Aides (RESAs) Linda and Paul Morelli at 516-694-0124 or Larry Siegel at 845-398-1006....

CONTACT US, via email: nysshudson@gmail.com

Phone #: 845-418-3871

By Mail:

ECKANKAR in the Hudson Valley,

New York Satsang Society, Inc.

PO Box 591, Port Ewen, NY 12466

ECK Clergy Services

[ECK Clergy Services](#)

EVENTS FOR ECK MEMBERS

[To Learn About Eckankar Membership, Click Here](#)

ECK Satsang Classes (For ECK members)

An ECK Satsang class is an opportunity for members of ECKANKAR to enjoy group study of a series of discourses written by the Mahanta, the Living ECK Master. Satsang classes can awaken Soul to greater truth and divine love. They can bring a deeper awareness of

the Mahanta and your inner world and help you in meeting the challenges of daily life.

In the words of Sri Harold Klemp, “The ECK Satsang classes are the mainstay of the outer works of ECK.”

“When one attends an ECK Satsang, he becomes refined in the presence of others and moves in grace toward becoming an instrument of the Sugmad.”

—*The Shariyat-Ki-Sugmad*, Book One, p. 224

TWO NEW ECK SATSANG CLASSES THAT JUST STARTED

- 1.) *Easy Way Discourse* (New Class) in Port Ewen
- 2.) *Soul Travel 1 - The Illuminated Way* in Kingston

New classes are open to new participants joining during the first three months. Please see details below:

Port Ewen

Easy Way Discourse (New Class)

- 4th Monday of every month, 7:00pm -8:30pm

Next Class Date: Monday June 25, 2018

Studying: Lesson 3

Location: 194 Broadway, Port Ewen, NY 12466

Kingston

Soul Travel 1 - The Illuminated Way (New Class)

- 4th Tuesday of every month, 7:30pm - 9:00pm

Next Class Date: Tuesday June 26, 2018

Studying: Lesson 3

Location: 1 Albany Ave. (Governor Clinton) Kingston, NY 12401



Cold Spring

The ECK Satsang Discourses, Second Series

- 4th Thursday of every month, 7:00pm - 8:30pm

Next Class Date: Thursday June 28, 2018

Studying: Lesson 4

Location: 1756 Route 9D, Cold Spring, NY 10516 (The Medical Center at Cold Spring
-Carolyn Lahey Pavilion)

Other Events For ECK Members

ECK Vahana Meeting & Presenters Skillshop

Discover many easy ways to share with others what you love about the teachings of ECKANKAR. You are

invited to join the Vahana Meeting and Skillshop which usually meets via conference call.

- 1st Thursday of every month, 7:30pm – 9:00pm

Next Meeting Date: Thursday June 7, 2018



H.I. Activities (For High Initiates of ECK)

The Golden Leaf

All High Initiates (fifth initiates and above), are invited to the quarterly discussion of the Golden Leaf (formerly The H.I. Letter). This discussion takes place one month after each publication of the Golden Leaf. This quarter, the June 2018 issue of the Golden Leaf will be discussed on Sunday, **July 8**, 2108.

- Meets quarterly on 2nd Sundays, 11:45am - 12:45pm (i.e. after the ECK Light and Sound Service)

Location: 6 Broadhead Ave. (Deyo Hall) New Paltz, NY



[Hudson Valley Leadership Directory](#)

[ECK Initiators & ECK Spiritual Aides](#)

NOTE: The above buttons lead to contact information that is password protected.

To log in, you will need to be an Eckankar Member. User name: chela

Password: The last word of the title of the front page article of the current Mystic World. All lower case.

For members of the public, you may follow the [Clergy Services Button link](#) for contact information about our clergy services.

[Subscribe to this free eLetter!](#)

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ECKANKAR IN THE HUDSON VALLEY

EVENTS CALENDAR

NOTE: Public ECK events require no materials or membership.

Events marked with * have certain study level requirements. Check with the listed contact person before attending. For events requiring certain study materials: These materials come with membership in [Eckankar](#). Info on the Eckankar study program membership can be found on - www.eckankar.org

June 2018

Thu Jun 7

7:30pm - 9:00pm

ECK Vahana Meeting & Presenters Skillshop *
- Conference call (Vahana, Call: 845-418-3871, Email: nysshudson@gmail.com)
For members of Eckankar

Sun Jun 10

10:00am - 11:00am

ECK Light and Sound Service
- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)
Theme: Animals are Soul too, Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

Thu Jun 14

7:30pm - 9:00pm

Shariyat-Ki-Sugmad Book Discussion Class
- Janet's House (Ed Baxter, Call: 845-246-9907, Email: fubbi2@aol.com)
Book 1, Chapter 6, Open to the public, Discuss spiritual principles to uplift and inspire your life.

Sat Jun 16

11:00am - 12:00pm

Spiritual Discussion
- Cafeteria, 58 Main Str. New Paltz NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)
Theme: Life Challenges, Questions, Surprising Answers. Participate in uplifting spiritual conversation

Mon Jun 18

7:15pm - 8:00pm

Sound of Soul Event
- 133 Farmerès Turnpike (Gardiner Library) Gardiner NY 12525 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)
Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

Sat Jun 23

7:30pm - 9:00pm

Soul Travel 1ãThe Illuminated Way (New Class) *

- 1 Albany Ave., (Governor Clinton) Kingston NY 12401 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)

Discourse #3, For members of Eckankar who are receiving, or have received this discourse series

Mon Jun 25

7:00pm - 8:30pm

The Easy Way Discourses (New Class) *

- 194 Broadway, Port Ewen, NY 12466 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)

Discourse #3, For members of Eckankar who are receiving, or have received this discourse series

Thu Jun 28

7:00pm - 8:30pm

The ECK Satsang Discourses, Second Series *

- 1756 Route 9D, Cold Spring, NY 10516 (The Medical Center, Cold Spring - Carolyn Lahey Pavilion) (Cynthia Ligenza, Call: 914-213-1372, Email: cligenza@optonline.net)

Discourse #4, For members of Eckankar who are receiving, or have received this discourse series

July 2018

Sun Jul 1

10:00am - 11:00am

Sound of Soul Event

- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)

Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

Thu Jul 5

7:30pm - 9:00pm

ECK Vahana Meeting & Presenters Skillshop *

- No Vahana Meeting Scheduled (Vahana, Call: 845-418-3871, Email: nysshudson@gmail.com)

For members of Eckankar

Sun Jul 8

10:00am - 11:00am

ECK Light and Sound Service

- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)

Theme: What is the Purpose of Life?, Public invited, Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

11:45am - 12:45pm

Golden Leaf (formerly The H.I. Letter) Discussion *

- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)

June 2018 Issue, For members of Eckankar who are initiates of the 5th circle or higher

Thu Jul 12

7:30pm - 9:00pm

Shariyat-Ki-Sugmad Book Discussion Class
- Janet's House (Ed Baxter, Call: 845-246-9907, Email: fubbi2@aol.com)
Book 1, Chapter 7, Open to the public, Discuss spiritual principles to uplift and inspire your life.

Sat Jul 14

11:00am - 12:00pm

Spiritual Discussion
- Cafeteria, 58 Main Str. New Paltz NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)
Theme: Life Challenges, Questions, Surprising Answers. Participate in uplifting spiritual conversation

Mon Jul 16

7:15pm - 8:00pm

Sound of Soul Event
- 133 Farmer's Turnpike (Gardiner Library) Gardiner NY 12525 (Barbara Devine, Call: 845-706-4130, email: bvrgi12@gmail.com)
Public invited, Chant the sacred word - HU, participate in uplifting spiritual conversation, Enjoy some light refreshments

Mon Jul 23

7:00pm - 8:30pm

The Easy Way Discourses *
- 194 Broadway, Port Ewen, NY 12466 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)
Discourse #4, For members of Eckankar who are receiving, or have received this discourse series

Tue Jul 24

7:30pm - 9:00pm

Soul Travel 1.,The Illuminated Way *
- 1 Albany Ave.,(Governor Clinton) Kingston NY 12401 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)
Discourse #4, For members of Eckankar who are receiving, or have received this discourse series

Thu Jul 26

7:00pm - 8:30pm

The ECK Satsang Discourses, Second Series *
- 1756 Route 9D, Cold Spring, NY 10516 (The Medical Center, Cold Spring - Carolyn Lahey Pavilion) (Cynthia Ligenza, Call: 914-213-1372, Email: cligenza@optonline.net)
Discourse #5,For members of Eckankar who are receiving, or have received this discourse series

August 2018

Thu Aug 2

7:30pm - 9:00pm

ECK Vahana Meeting & Presenters Skillshop *
- No Vahana Meeting Scheduled (Vahana, Call: 845-418-3871, Email: nysshudson@gmail.com)
For members of Eckankar

Sun Aug 5

10:00am - 11:00am

Sound of Soul Event

- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrqi12@gmail.com)

Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

Thu Aug 9

7:30pm - 9:00pm

Shariyat-Ki-Sugmad Book Discussion Class

- Janet's House (Ed Baxter, Call: 845-246-9907, Email: fubbi2@aol.com)

Book 1, chapter 8, Open to the public, Discuss spiritual principles to uplift and inspire your life.

Sun Aug 12

10:00am - 11:00am

ECK Light and Sound Service - CANCELED

- 6 Broadhead Ave. (Deyo Hall), New Paltz, NY 12561 (Barbara Devine, Call: 845-706-4130, email: bvrqi12@gmail.com)

Today's ECK Light and Sound Service is canceled due to Deyo Hall not being available for the day. ECK Light and Sound Services will continue at Deyo Hall as from next - September.

Mon Aug 20

7:15pm - 8:00pm

Sound of Soul Event

- 133 Farmer's Turnpike (Gardiner Library) Gardiner NY 12525 (Barbara Devine, Call: 845-706-4130, email: bvrqi12@gmail.com)

Public invited, Chant the sacred word - HU, Participate in uplifting spiritual conversation, Enjoy some light refreshments

Thu Aug 23

7:00pm - 8:30pm

The ECK Satsang Discourses, Second Series *

- 1756 Route 9D (The Medical Center at Cold Spring-Carolyn Lahey Pavilion), Cold Spring, NY 10516 (Cynthia Ligenza, Call: 914-213-1372, Email: cligenza@optonline.net)

Discourse #6, For members of Eckankar who are receiving, or have received this discourse series

Mon Aug 27

7:00pm - 8:30pm

The Easy Way Discourses *

- 194 Broadway, Port Ewen, NY 12466 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)

Discourse #5, For members of Eckankar who are receiving, or have received this discourse series, This new satsang class accepts new ECK members within the first three months

Tue Aug 28

7:30pm - 9:00pm

Soul Travel 1., The Illuminated Way *

- 1 Albany Ave., (Governor Clinton) Kingston NY 12401 (Arahata, Call: 845-418-3871, Email: nysshudson@gmail.com)

Discourse #5, For members of Eckankar who are receiving, or have received this discourse series