

the Eternal Sound

New York



ECKANKAR, The Path of Spiritual Freedom

NYC Metro Area Ongoing And Future Events

Unless otherwise stated, all events listed are held at The ECK Center of Greater New York City, 4 W. 43 St., Suite 503, NY, NY, 212-221-1402. The Center is open Monday-Friday 4:30pm–8:00pm, and Tuesday 12:30pm–1:30pm.

Member-only (chela) events are marked as such. All other events are open to the public, free of charge.

Please note: A recurring event may be canceled or rescheduled due to a holiday or a seminar etc. so please check the [NYC Metro Area Events Calendar](#) for specific dates. For a brief tutorial on the use of the Teamup calendar, please click [here](#).

- To go to our New York website click [here](#).
- To subscribe to this eLetter and other free ECK publications, go to:
<http://www.eckankar-ny.org/newsletters/gnycssubscribe.htm>.

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Announcements

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EVENTS OPEN TO THE PUBLIC

Special Events

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Everyday Spirituality

A bi-weekly TV Series on the Manhattan and Queens Neighborhood Networks.

You are invited to watch our TV series, Everyday Spirituality, which features spiritual seekers like you, sharing the benefits of the ECK teachings in their lives.



Here is what one of the participants said about this series:
"The golden thread between all of our stories is really God's love for each and every Soul. It is my great hope that as we share our stories and the true spiritual gold within them, viewers will gain an increased awareness of their own."

Broadcasts are on:

In Manhattan

Most 2nd and 4th Sundays of the month:

* FIOS35, RCN 84, TWC 1997: 10:00am-10:30am

* www.mnn.org (click on channel 3) 11:00am-11:30am

* TWC 1993 or HD channel (or channel 5): 11:00am-11:30am

In Queens

Most Sundays, 11:30am-12:00pm, 09:00pm-09:30pm

* Time Warner Ch 36, Time Warner HD Channel 1996, RCN Channel 84

* FIOS Channel 36

Contact: Edwige Oriol 516-474-5017

ECK Light and Sound Services

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All are welcome to attend.

The service consists of inspirational talks, small group discussions and uplifting music to awaken spiritual understanding in everyday life.



● 1st Sundays 10:30am–11:30am

Simultaneous programs for youth, ages 3-15, will be offered at this service.

Contact: Eno Awotoye 917-892-5863

● **2nd and 4th Fridays 7:00pm–8:00pm**

Contact: Eno Awotoye 917-892-5863

Open Spiritual Discussions

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Join a free-flowing discussion with the goal of exploring and sharing our own understanding, questions and experiences surrounding a particular topic.

- * Try a spiritual exercise
- * Explore dreams, spiritual insights, and divine love
- * Learn techniques to understand your experiences
- * Get a free book and CD

Manhattan

● **1st Sunday of the month, 11:45am-12:30pm** (after monthly ECK Light & Sound Service)

● **Quarterly: 3rd Friday of the month (Jan, Apr, Jul, Oct), 7pm-8pm**

These sessions feature introductions to Eckankar and open discussions about some of its central teachings.

● **5th Friday of the month, 7:00pm-8:00pm**

Contact: Lana Umflat 917-324-2398

ECK Video Night

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You are invited to attend a half-hour video talk by Harold Klemp, the spiritual leader of Eckankar, on a deeply relevant spiritual topic. Stay for a lively chat about the topic or just enjoy the community.



● **Quarterly, 3rd Friday of the month, (Feb, May, Aug, Nov) 7pm–8pm**

See sample video talks at: www.eckankar.org

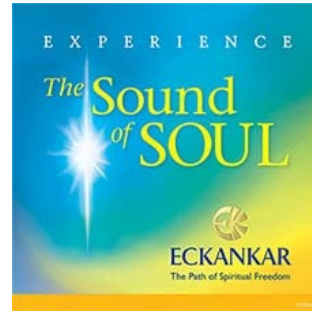
Contact: Contact: Ray Oriol 516-343-8401

Sound of Soul Events

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HU is woven into the language of life. It is the Sound of all sounds. It is the wind in the leaves, falling rain, thunder of jets, singing of birds, the awful rumble of a tornado. . . . Its sound is heard in laughter, weeping, the din of city traffic, ocean waves, and the quiet rippling of a mountain stream."

-- Sri Harold Klemp



- Every Tuesday at Lunchtime 12:30pm-1:30pm
(Feel free to bring your lunch)
- Every Monday 6:00pm
- Every Thursday 6:00pm
- 1st Friday of the month, 7:00pm-8:00pm
- 1st and 2nd Saturdays 12:00pm-1:00pm
- French/Creole: Événement du Son de L'âme Chaque 1er Dimanche 1:30pm-2:30pm

Contact: Tom Lloyd 612-508-5554

[Listen to HU: The Sound of Soul](#)

ECK Roundtables

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- **Quarterly: 3rd Friday of the month (Mar, Jun, Sep, Dec), 7pm-8pm**

Discover first-hand the subtle teachings of the Inner Master, the Mahanta. He may teach you directly or through another participant. The Roundtable is a quiet discussion led by an ECK Spiritual Aide. Enjoy listening or sharing your spiritual experiences, insights, and questions, and watch for the answers or benefits which may come instantaneously or in the following days.

Contact: Chris Dobrowolski 917-710-5030

ECK Book Discussion

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TBD

ECK Information Tables

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Come visit one of our ECK Information Tables. Look through some of our literature, pick up a free book, discuss your spiritual experiences, and learn about HU. Members of Eckankar will be happy to answer any questions you may have.

Manhattan

● Every Thursday 12:00pm - 5:00pm

~ If weather is good: 42nd St. in front of Bryant Park (between 5th and 6th Avenues).

~ If not: 42nd Street GCT in the long corridor close to the shuttle train.

Contact: Joel Spiegelman 917-592-0777

● 1st Saturdays 12:00pm - 5:00pm

~ If weather is good: On the corner of East 117th Street & Pleasant Ave

~ If not: 42nd Street GCT in the long corridor close to the shuttle train.

Contact: Kwame Amin: 917-484-3581

Brooklyn

● 2nd Saturdays 12:00pm - 6:00pm

~ If weather is good: At Coney Island Boardwalk & Stillwell Avenue Ramp Entrance Area

~ If not: At the Atlantic Avenue Subway Station

August 11:

~ If weather is good: At Brighton Beach Avenue (between Brighton 5th and 6th Streets).

~ If not: At the Atlantic Avenue Subway Station

Sunday, August 26, 10:00am-6:00pm:

Brighton Jubilee

Brighton Beach Ave (between Brighton 11th & 12th Streets)

Booth 77

Contact: Joel Spiegelman 917-592-0777

Queens

● 1st Saturdays 11:00am - 4:00pm

Location TBD

Contact: Joel Spiegelman 917-592-0777

● Sunday 7/22 10:00am - 6:00pm

Location: Rockaway Beach Boardwalk Fair. GPS - 86-01 Shore Front Parkway, Rockaway Beach, New York 11694.

Bronx

● **2nd Saturdays 1:00pm - 5:00pm**

Location TBD

Contact: Patrick Quirke 917-609-1157

Upcoming Seminars

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2018 ECK Worldwide Seminar

Become the Loving Heart
October 26-28, 2018
Minneapolis, Minnesota,
USA

The ECK
Worldwide
Seminar
celebrates the
spiritual new year



in ECK, signifying the high point or spiritual harvest in the year's cycle. This is the beginning of a new, higher cycle for the next spiritual year, *The Year of Giving*.

See Harold Klemp, the spiritual leader of ECKANKAR. This God-Realized spiritual teacher will speak in person. Experience workshops, spiritual discussions, and other activities for greater spiritual growth.

ECKANKAR on Cable TV

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There's nothing like the feeling of recognizing truth when you hear it. Broadcast talks by Harold Klemp, Spiritual Leader of Eckankar, combine stories, parables, discourse, and humor with rich insights and wisdom you can begin to use in your life today.

Each talk is approximately 30 minutes in length, and airs on the following local Public Access/Cable TV stations:

Brooklyn

- Cablevision: Most Sundays, Channel 68
02:30pm – 03:00pm
- Time Warner: Most Sundays, Channel 36
02:30pm – 03:00pm
- FIOS: Most Thursdays, Channel 36
09:30pm – 10:00pm

Manhattan

- Time Warner: Most Fridays, Ch.1997
08:00am – 08:30am

Rockland County

- Cablevision Ch. 76 Most Wednesdays
5:30pm–06:00pm

Contact Information

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If you would like more information about ECKANKAR, you can visit www.eckankar.org or download a free book at eckankar.org/FreeBook



You may also contact Regional ECK Spiritual Aides (RESAs) Linda and Paul Morelli at 516-694-0124 or Larry Siegel at 845-398-1006.

ECK Clergy Services

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ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

- * The ECK Consecration Ceremony (for young children)
- * The ECK Rite of Passage (for boys and girls of about age 13)
- * The ECK Wedding Ceremony
- * The ECK Memorial Service
- * ESA Sessions: An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric. There are no fees for ECK clergy services, but ECK clerics may accept donations to Eckankar.

EVENTS FOR ECK MEMBERS

ECK Satsang Classes (For ECK members)

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Open to ECK members who are, or have been, enrolled in the particular Discourse series.

New classes are open to new participants joining during the first three months.

Manhattan

ECK Youth Satsang

- 1st Sundays 11:45am - 12:30pm

Contact: Myriam Myrthil 516-610-7937

Letters of Light and Sound 1

- 2nd Sundays 1:00pm - 2:30pm

Arahata: Meli Negron 914-667-6886

Assistant: Bill Marcus 914-667-6886

Started March 11, 2018

Letter of Light (for youth)

- Quarterly, 1st Sunday 10:30am - 11:30am

January, April, July, October

Arahata: Eugenia Nascimento 212-234-5822

Assistant: Cheryl Butler 347-420-4133

The ECK Satsang Discourses, Fourth Series

- 4th Mondays 7:00pm - 8:30pm

Started September 25, 2017

Arahata: Pauline Noel 347-463-0012

Assistant: Tom Lloyd 612-508-5554

Letters of Light and Sound 1

- 3rd Tuesdays 7:10pm - 8:40pm

Started January 16, 2018

Arahata: Jeanne Suggs 212-398-4200

The Precepts of Eckankar **New!**

- 2nd Tuesdays 7:00pm - 8:30pm

Starts September 11, 2018

Arahata: Marlene Castellano



Contact: Miranda Adani 917-239-9623

The ECK Satsang Discourses, Fourth Series

- 1st and 3rd Wednesdays 7:30pm - 9:00pm

Started December 6, 2017

Arahata: Cheryl Butler 347-420-4133

Assistant: Elsie Menardy 917-373-9592

Letters of Light and Sound 1

- 2nd Wednesdays 6:30pm - 8:00pm

Started September 13, 2017

Arahata: Eugenia Nascimento 212-234-5822

Assistant: Lana Umflat 917-324-2398

Letters of Light and Sound 2 New!

- 2nd Wednesdays 6:30pm - 8:00pm

Starts November 14, 2018

Arahata: Eugenia Nascimento 212-234-5822

Assistant: Lana Umflat 917-324-2398

Bronx

Letters of Light and Sound 2

- 1st Sundays 6:00pm - 7:00pm

Started February 4, 2018

Arahata: Patrick Quirke 917-609-1157

Queens

The Master 3 Discourses

- 3rd Thursdays 7:30pm - 9:00pm

Starts June 20, 2018

Contact: Miranda Adani 917-239-9623

The Easy Way Discourses

- 4th Sundays 3:00pm - 4:00pm

Location: Carole Louissaint's, 141-40 256th St., Rosedale, Queens NY

Started January 28, 2018

Arahata: Flambert Louissant 917-602-0181

Homebound Satsang:

The ECK Dream 2 Discourses

- 1st and 3rd Sundays 6:00pm - 7:00pm

For homebound ECKists only

Started August 6, 2017

Arahata: Margaret Butler 917-513-2344

Assistant: Manny Perez 347-866-0278

Brooklyn

The Easy Way Discourses

● 2nd Wednesdays 7:30pm - 9:00pm

Location: 618 E. 21st St. Apt.B6, near Newkirk Avenue

Please Note: Participants must own a copy of the Discourse to attend this class

Started December 13, 2017

Arahata: Zem Audu 845-389-4381

Assistant: Miranda Adani 917-239-9623

Westchester

Letters of Light and Sound 1

● 4th Tuesdays 8:00pm - 9:30pm

Location: Emily Wong's studio, 351 Manville Rd, Pleasantville, NY

Office of Academy of Music Arts (2nd floor in building). One block from the train station.

Contact: Larry Siegel 845-398-1006

Started November 28, 2017

Special Interest Circles (For ECK members)

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All Special Interest Circles are open to all ECKists interested in exploring creative expression. No training necessary!

ECK Theatre Circle

Quarterly, 4th Saturday 4:00pm - 5:00pm (and as needed for rehearsals)

Contact: Eric Chifunda 917-628-3767

ECK TV Circle

TBD

Contact: Edwige Oriol 516-474-5017

ECK Musicians Circle

2nd Saturdays 1:30pm - 3:00pm

Contact: Miranda Adani (917) 239-9623

ECK Artists Circle

2nd Saturdays 4:00pm - 5:30pm

Contact: Robin Wildes 917-532-9996



Other Events For ECK Members

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Manhattan

Chela HU Chant

- Every Wednesday 6:00pm – 6:30pm

Contact: Veronica Kogno (917) 774-2610

ECK Book Discussion

The Shariyat-Ki-Sugmad

- 3rd Saturdays monthly 10:00am – 11:30am

Contact: Chris Dobrowolski 917-710-5030

Be the HU: How to Become a Co-worker with God

(for 2nd Initiates and above)

- 4th Wednesdays monthly 7:00pm – 8:30pm

Contact: Tom Lloyd 612-508-5554

The Living Word, Book 1

- 2nd Mondays monthly 7:30pm – 9:00pm

Contact: Cheryl Butler 347-420-4133

Periodical Discussion

The Mystic World

- Quarterly (4th Thursdays) 7:00pm – 8:30pm

Contact: Miranda Adani 917-239-9623

GNYC Vahana Meeting

- 3rd Saturdays monthly 12:00pm

Contact: Ray Oriol 516-343-8401

Staten Island

Vahana Meeting

- 3rd Thursdays 7:30pm

Contact: Pauline Noel 347-463-0012

Rockland

The Mystic World

- 1st Tuesdays monthly 8:00pm - 9:00pm

Contact: Renate Siegel 845-398-1006



Bronx

HU Chant & Vahana Meeting

- 1st Sundays monthly 5:00pm - 5:30pm

Contact: Patrick Quirke 917-609-1157

Queens

HU Chant & Vahana Meeting

- 2nd Sundays Monthly 11:00am

Location: Carole Louissaint's, 141-40 256th St., Rosedale, Queens NY

Contact: Veronica Kogno (917) 774-2610

Brooklyn

HU Chant & Vahana Meeting

- 3rd Sundays monthly

1:30pm HU Chant

2:30pm Vahana Meeting

3:30pm Video of Sri Harold Klemp

Location: Anse Toussaint's, 6123 Avenue T, Brooklyn, NY 11234 (Avenue T off Mill Road, Near Kings Plaza) 917-687-6495

Contact: Veronica Kogno (917) 774-2610

H.I. Activities (For ECK members)

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H.I. Forum

- Quarterly 7:10pm - 8:40pm

Contact: Chris Dobrowolski 917-710-5030



The Holy Fire of ECK (book 2)

- 1st Thursdays 7:00pm – 8:30pm

The Golden Leaf

- Quarterly, 2nd Thursday 7:00 pm - 8:30 pm

Contact: Chris Dobrowolski 917-710-5030

ECK Initiators & ECK Spiritual Aides

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Subscribe to this free eNewsletter!

How to use the Teamup calendar

- When viewing the Teamup calendar, it is not enough to select a month, you also need to click a date in the small calendar at the top left of the screen (usually date 1 of the month) for the calendar to switch to that month.
- To filter activities, look at the left side of the screen. You'll see the seven areas of New York State, and you can click and un-click the one you want or don't want (our area is NYC Metro).
- Below that, if you scroll down a little, you'll see the word "Filter". Beneath it there's a field with the words "by keyword". Type over those words any word you want to filter by. For instance, if you type "public" the calendar will automatically select only public activities and filter out the rest. If you type "members" you'll see only chela activities, and so on.
- You can also export the calendar to a pdf file to be sent to people via email or printed: Right above the calendar you'll see on the right a toolbar with the following display items: "3 Days", "4 Weeks" (the default), "Month", and "List". To the right of the "List" item you'll see an icon with three horizontal white lines over a blue background. Click that icon, and select "Print & Export PDF". This will bring up the document in PDF format and you can select from the toolbar of the PDF (top right) to save into a file on your PC (to send as attachment) or print and send via regular snail mail. You can also click the "List" button to view in list format and export to PDF as needed.

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