

the Eternal Sound

New York



ECKANKAR, The Path of Spiritual Freedom

NYC Metro Area Ongoing And Future Events

Unless otherwise stated, all events listed are held at The ECK Center of Greater New York City, 4 W. 43 St., Suite 503, NY, NY, 212-221-1402. The Center is open Monday-Friday 4:30pm–8:00pm, and Tuesday 12:30pm–1:30pm.

Member-only (chela) events are marked as such. All other events are open to the public, free of charge.

Please note: A recurring event may be canceled or rescheduled due to a holiday or a seminar etc. so please check the [NYC Metro Area Events Calendar](#) for specific dates. For a brief tutorial on the use of the calendar, please click [here](#).

- To go to our New York website click [here](#).
- To subscribe to this eLetter and other free ECK publications, go to:
<http://www.eckankar-ny.org/newsletters/gnycssubscribe.htm>.

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[Click Here For the NYC Metro Area Events Calendar](#)

Announcements

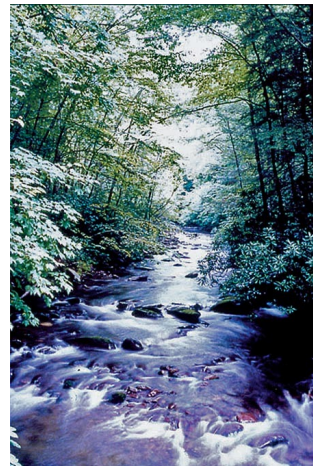
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Upcoming Eckankar BBQ Fundraiser!

**Hosted by The Long Island Community of
ECK**

Saturday, June 23rd, 3pm - 11pm

- **Location:** 15 Joan Lane, Massapequa Park, N.Y.
- **Contact:** Stew Lieberman or Carol Silverman
(516)797-0374 - Home
(732)207-1384 - Cell



All are welcome to an afternoon of great food, friends and fun in joyful celebration of the spiritual community of ECK. Bring family & friends - your musical instruments & dancing shoes!

EVENTS OPEN TO THE PUBLIC

Introduction to The Teachings of ECKANKAR

Thursday, June 28, 7pm-8pm

- **Location:** The Actors Theatre Workshop, 145 West 28th Street, 3rd Floor, New York, NY 10001 (Between 6th and 7th Avenues)
- **Contact:** Marcia Applewhite



Everyday Spirituality

A bi-weekly TV Series on the Manhattan and Queens Neighborhood Networks.

You are invited to watch our TV series, Everyday Spirituality, which features spiritual seekers like you, sharing the benefits of the ECK teachings in their lives.



Here is what one of the participants said about this series:

"The golden thread between all of our stories is really God's love for each and every Soul. It is my great hope that as we share our stories and the true spiritual gold within them, viewers will gain an increased awareness of their own."

Broadcasts are on:

In Manhattan

Most 2nd and 4th Sundays of the month:

* FIOS35, RCN 84, TWC 1997: 10:00am-10:30am

* www.mnn.org (click on channel 3) 11:00am-11:30am

* TWC 1993 or HD channel (or channel 5): 11:00am-11:30am

In Queens

Most Sundays, 11:30am-12:00pm, 09:00pm-09:30pm

* Time Warner Ch 36, Time Warner HD Channel 1996, RCN Channel 84

* FIOS Channel 36

Contact: Edwige Oriol 516-474-5017

ECK Light and Sound Services

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All are welcome to attend.

The service consists of inspirational talks, small group discussions and uplifting music to awaken spiritual understanding in everyday life.



● 1st Sundays 10:30am–11:30am

Simultaneous programs for youth, ages 3-15, will be offered at this service.

● 2nd and 4th Fridays 7:00pm–8:00pm

Contact: Chris Dobrowolski 917-710-5030

Open Spiritual Discussions

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Join a free-flowing discussion with the goal of exploring and sharing our own understanding, questions and experiences surrounding a particular topic.

- * Try a spiritual exercise
- * Explore dreams, spiritual insights, and divine love
- * Learn techniques to understand your experiences
- * Get a free book and CD

Manhattan

● 1st Sunday of the month, 11:45am-12:30pm (after monthly ECK Light & Sound Service)

● Quarterly: 3rd Friday of the month (Jan, Apr, Jul, Oct), 7pm-8pm

These sessions feature introductions to Eckankar and open discussions about

some of its central teachings.

Contact: Lana Umflat 917-324-2398

ECK Video Night

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You are invited to attend a half-hour video talk by Harold Klemp on a deeply relevant spiritual topic. Stay for a lively chat about the topic or just enjoy the community.



- Quarterly, 3rd Friday of the month, (Feb, May, Aug, Nov) 7pm–8pm

See sample video talks at: www.eckankar.org

Contact: Contact: Ray Oriol 516-343-8401

Young Adults Open Discussion

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The following sessions are open spiritual discussions. All young adults ages 18-40 are welcome! Check calendar for availability.

- 3rd Thursday of the month, 7pm-8pm

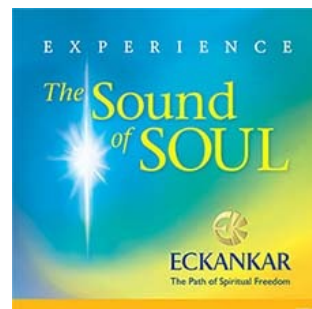
Contact: Chad DeLuca 207-838-1759

Sound of Soul Events

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HU is woven into the language of life. It is the Sound of all sounds. It is the wind in the leaves, falling rain, thunder of jets, singing of birds, the awful rumble of a tornado. . . . Its sound is heard in laughter, weeping, the din of city traffic, ocean waves, and the quiet rippling of a mountain stream."

-- Sri Harold Klemp



- Every Tuesday at Lunchtime 12:30pm-1:30pm
(Feel free to bring your lunch)

- Every Monday 6:00pm
- Every Thursday 6:00pm
- 1st Friday of the month, 7:00pm-8:00pm
- 5th Friday of the month, 7:00pm-8:00pm
- 1st and 2nd Saturdays 12:00pm-1:00pm
- French/Creole: Événement du Son de L'âme Chaque 1er Dimanche 1:30pm-2:30pm

Contact: Tom Lloyd 612-508-5554

Listen to HU: The Sound of Soul

ECK Roundtables

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- **Quarterly: 3rd Friday of the month (Mar, Jun, Sep, Dec), 7pm-8pm**

Discover first-hand the subtle teachings of the Inner Master, the Mahanta. He may teach you directly or through another participant. The Roundtable is a quiet discussion led by an ECK Spiritual Aide. Enjoy listening or sharing your spiritual experiences, insights, and questions, and watch for the answers or benefits which may come instantaneously or in the following days.

Contact: Chris Dobrowolski 917-710-5030

ECK Book Discussion

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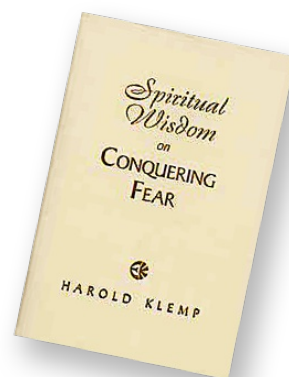
ECK Wisdom on Conquering Fear

By Harold Klemp

- **Saturday June 23**
- **Saturday July 28**
1:00pm-2:00pm

► Discover answers to being afraid of losing love, of death, of going beyond yourself, of change, and much more.

► Learn a very special spiritual exercise to help you conquer fear.



Location: The Everything Book Cafe, 208 Bay St, Staten Island, NY 10301

ECK Information Tables

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Come visit one of our ECK Information Tables. Look through some of our literature, pick up a free book, discuss your spiritual experiences, and learn about HU. Members of Eckankar will be happy to answer any questions you may have.

Manhattan

● Every Thursday 12:00pm - 5:00pm

~ If weather is good: 42nd St. in front of Bryant Park (between 5th and 6th Avenues).

~ If not: 42nd Street GCT in the long corridor close to the shuttle train.

Contact: Joel Spiegelman 917-592-0777

● 1st Saturdays 12:00pm - 5:00pm

~ If weather is good: On the corner of East 117th Street & Pleasant Ave

~ If not: 42nd Street GCT in the long corridor close to the shuttle train.

Contact: Kwame Amin: 917-484-3581

Brooklyn

● 2nd Saturdays 12:00pm - 6:00pm

June 9:

~ If weather is good: At Coney Island Boardwalk & Stillwell Avenue Ramp Entrance Area

~ If not: At the Atlantic Avenue Subway Station

July 14:

~ If weather is good: At Coney Island Boardwalk & Brighton 4th Street.

~ If not: At the Atlantic Avenue Subway Station

August 11:

~ If weather is good: At Brighton Beach Avenue (between Brighton 5th and 6th Streets).

~ If not: At the Atlantic Avenue Subway Station

Sunday, August 26, 10:00am-6:00pm:

Brighton Jubilee

Brighton Beach Ave (between Brighton 11th & 12th Streets)

Booth 77

Contact: Joel Spiegelman 917-592-0777

Queens

● **1st Saturdays 11:00am - 4:00pm**

Location TBD

Contact: Joel Spiegelman 917-592-0777

● **Sunday 7/22 10:00am - 6:00pm**

Location: Rockaway Beach Boardwalk Fair. GPS - 86-01 Shore Front Parkway, Rockaway Beach, New York 11694.

Bronx

● **2nd Saturdays 1:00pm - 5:00pm**

Location TBD

Contact: Patrick Quirke 917-609-1157

Upcoming Seminars

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 **2018 Maine ECK Regional Seminar**

June 8 - 10

The Colony Hotel, 140 Ocean Ave, Kennebunkport, ME



 **ECKANKAR PRESENTS**

The 2018 MAINE ECKANKAR REGIONAL SEMINAR
"Becoming The Awakened Soul - Walking the Path of Spiritual Freedom"

Friday June 8th: 7:30 to 9:00 pm * Saturday June 9th: 9am to 9pm
Sunday June 10th: 8:30 am to 12:00 noon
The Colony Hotel * 140 Ocean Ave * Kennebunkport, ME

 **2018 ECKANKAR Connecticut**

Regional Seminar

Spiritual Exercises: *Awaken to the Secret of Miracles*

July 6-8, 2018

Guest Speakers:

Linda & Paul Morelli, New York RESAs

We invite you to the annual Connecticut Regional Seminar where we meet to explore the spiritual nature of ourselves as Soul through workshops, group discussions, talks, and creative arts. We will have a variety of dynamic speakers to inspire you on your own personal quest. Come share a weekend filled with opportunity to explore your inner worlds.



Click image for details

Seminar Locations

ECKANKAR Temple of CT, 1 Harvest Woods Road, Middlefield CT 06455

Red Lion Hotel, Cromwell, 100 Berlin Road, Cromwell CT 06416

Seminar Schedule

Friday evening (Temple): 7:30 PM - 9:30 PM

Saturday all day (Hotel): 8:45 AM - 9:30 PM

Sunday morning (Temple): 9:00 AM - 12:15 PM

ECKANKAR on Cable TV

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There's nothing like the feeling of recognizing truth when you hear it. Broadcast talks by Harold Klemp, Spiritual Leader of Eckankar, combine stories, parables, discourse, and humor with rich insights and wisdom you can begin to use in your life today.

Each talk is approximately 30 minutes in length, and airs on the following local Public Access/Cable TV stations:

Brooklyn

- Cablevision: Most Sundays, Channel 68
02:30pm – 03:00pm
- Time Warner: Most Sundays, Channel 36
02:30pm – 03:00pm
- FIOS: Most Thursdays, Channel 36

09:30pm – 10:00pm

Manhattan

- Time Warner: Most Fridays, Ch.1997
08:00am – 08:30am

Rockland County

- Cablevision Ch. 76 Most Wednesdays
5:30pm–06:00pm

Contact Information

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If you would like more information about ECKANKAR, you can visit www.eckankar.org or download a free book at eckankar.org/FreeBook



You may also contact Regional ECK Spiritual Aides (RESAs) Linda and Paul Morelli at 516-694-0124 or Larry Siegel at 845-398-1006.

ECK Clergy Services

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ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

- * The ECK Consecration Ceremony (for young children)
- * The ECK Rite of Passage (for boys and girls of about age 13)
- * The ECK Wedding Ceremony
- * The ECK Memorial Service
- * ESA Sessions: An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric. There are no fees for ECK clergy services, but ECK clerics may accept donations to Eckankar.

EVENTS FOR ECK MEMBERS

ECK Satsang Classes (For ECK members)

Open to ECK members who are, or have been, enrolled in the particular Discourse series.

New classes are open to new participants joining during the first three months.

Manhattan

ECK Youth Satsang

- 1st Sundays 11:45am -12:30pm

Letter of Light (for youth)

- Quarterly, 1st Sunday 10:30am -11:30am
January, April, July, October

The ECK Satsang Discourses, Fourth Series

- 1st and 3rd Wednesdays 7:30pm - 9:00pm
Started December 6, 2017

The ECK Satsang Discourses, Fourth Series

- 4th Mondays 7:00pm - 8:30pm
Started September 25, 2017

Letters of Light and Sound 1

- 2nd Wednesdays 6:30pm - 8:00pm
Started September 13, 2017

Letters of Light and Sound 1

- 3rd Tuesdays 7:10pm - 8:40pm
Started January 16, 2018

Letters of Light and Sound 1

- 2nd Sundays 1:00pm - 2:30pm
Arahata: Meli Negron 914-667-6886
Assistant: Bill Marcus 914-667-6886
Started March 11, 2018

Bronx

Letters of Light and Sound 2

- 1st Sundays 6:00pm - 7:00pm
Started February 4, 2018

Queens

The Master 3 Discourses

- 3rd Thursdays 7:30pm - 9:00pm
Starts June 20, 2018



The Easy Way Discourses

- 4th Sundays 3:00pm - 4:00pm

Location: Carole Louissaint's, 141-40 256th St., Rosedale, Queens NY

Started January 28, 2018

Homebound Satsang:

The ECK Dream 2 Discourses

- 1st and 3rd Sundays 6:00pm - 7:00pm

For homebound ECKists only

Started August 6, 2017

Brooklyn

The Easy Way Discourses

- 2nd Wednesdays 7:30pm - 9:00pm

Location: 618 E. 21st St. Apt.B6, near Newkirk Avenue

Please Note: Participants must own a copy of the Discourse to attend this class

Started December 13, 2017

Westchester

Letters of Light and Sound 1

- 4th Tuesdays 8:00pm - 9:30pm

Location: Emily Wong's studio, 351 Manville Rd, Pleasantville, NY

Office of Academy of Music Arts (2nd floor in building). One block from the train station.

Contact: Miranda Adani 917-239-9623

Started November 28, 2017

Special Interest Circles (For ECK members)

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All Special Interest Circles are open to all ECKists interested in exploring creative expression. No training necessary!

ECK Theatre Circle

Quarterly, 4th Saturday 4:00pm - 5:00pm (and as needed for rehearsals)

Contact: Eric Chifunda 917-628-3767

ECK TV Circle

Tuesday 3/27/2018 8:00pm (conference calls)

Tuesday 4/24/2018 7:15pm (4 West 43rd St.)

Tuesday 5/29/2018 8:00pm (conference calls)



Contact: Edwige Oriol 516-474-5017

ECK Musicians Circle

2nd Saturdays 1:30pm - 3:00pm

Contact: Miranda Adani (917) 239-9623

ECK Artists Circle

2nd Saturdays 4:00pm - 5:30pm

[On hiatus.](#) Will resume on Saturday, September 9.

Contact: Robin Wildes 917-532-9996

Other Events For ECK Members

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Manhattan

Chela HU Chant

● Every Wednesday 6:00pm – 6:30pm

Contact: Veronica Kogno (917) 774-2610

ECK Book Discussion

The Shariyat-Ki-Sugmad

● 3rd Saturdays monthly 10:00am – 11:30am

Contact: Chris Dobrowolski 917-710-5030

Be the HU: How to Become a Co-worker with God

(for 2nd Initiates and above)

● 4th Wednesdays monthly 7:00pm – 8:30pm

Contact: Tom Lloyd 612-508-5554

The Living Word, Book 1

● 2nd Mondays monthly 7:30pm – 9:00pm

Contact: Cheryl Butler 347-420-4133

Periodical Discussion

The Mystic World

● Quarterly (4th Thursdays) 7:00pm – 8:30pm

Contact: Miranda Adani 917-239-9623

GNYC Vahana Meeting

● 3rd Saturdays monthly 12:00pm

Contact: Ray Oriol 516-343-8401



Staten Island

Vahana Meeting

- 3rd Thursdays 7:30pm

Contact: Pauline Noel 347-463-0012

Rockland

The Mystic World

- 1st Tuesdays monthly 8:00pm - 9:00pm

Contact: Renate Siegel 845-398-1006

Bronx

HU Chant & Vahana Meeting

- 1st Sundays monthly 5:00pm - 5:30pm

Contact: Patrick Quirke 917-609-1157

Queens

HU Chant & Vahana Meeting

- 2nd Sundays Monthly 11:00am

Location: Carole Louissaint's, 141-40 256th St., Rosedale, Queens NY

Contact: Veronica Kogno (917) 774-2610

Brooklyn

HU Chant & Vahana Meeting

- 3rd Sundays monthly

1:30pm HU Chant

2:30pm Vahana Meeting

3:30pm Video of Sri Harold Klemp

Location: Anse Toussaint's, 6123 Avenue T, Brooklyn, NY 11234 (Avenue T off Mill Road, Near Kings Plaza) 917-687-6495

Contact: Veronica Kogno (917) 774-2610

H.I. Activities

(For ECK members)

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H.I. Forum

- Quarterly 7:10pm - 8:40pm

Contact: Chris Dobrowolski 917-710-5030



The Holy Fire of ECK

- 1st Thursdays 7:00pm – 8:30pm

Contact: Joel Spiegelman 917-592-0777

The Golden Leaf

● Quarterly, 2nd Thursday 7:00 pm - 8:30 pm

Contact: Chris Dobrowolski 917-710-5030

ECK Initiators & ECK Spiritual Aides

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[ECK Initiators & ECK Spiritual Aides \(password required\)](#)

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How to use the calendar

To filter activities, look at the left side of the screen. You'll see the seven areas of New York State, and you can click and un-click the one you want or don't want (our area is NYC Metro).

Below that, if you scroll down a little, you'll see the word "Filter". Beneath it there's a field with the words "by keyword". Type over those words any word you want to filter by. For instance, if you type "public" the calendar will automatically select only public activities and filter out the rest. If you type "members" you'll see only chela activities, and so on.

You can also export the calendar to a pdf file to be sent to people via email or printed: Right above the calendar you'll see on the right a toolbar with the following display items: 3 Days, 4 Weeks (the default), Month, and List. To the right of the "List" item you'll see an icon with three horizontal white lines over a blue background. Click that icon, and select "Print & Export PDF". This will bring up the document in PDF format and you can select from the toolbar of the PDF (top right) to save into a file on your PC (to send as attachment) or print and send via regular snail mail. You can also click the "List" button to view in list format and export to PDF as needed.

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