

the Eternal Sound

Winter 2017-18

New York



ECKANKAR, The Path of Spiritual Freedom

Capital Area Edition

Serving Albany, Clinton, Columbia, Essex, Franklin, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington Counties

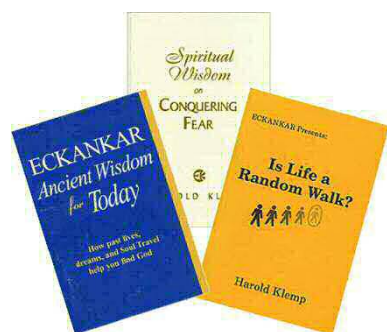
Harold Klemp

The Spiritual Leader of ECKANKAR



What is ECKANKAR?

Eckankar means "Co-worker with God." It offers ways to explore your own unique and natural relationship with the Divine. ECK is another word for the Holy Spirit.



Get a Free Book

Download at

<http://www.eckankar.org/FreeBook>

For More Information Visit:

www.eckankar.org

Satisfying Your Past-Life Curiosity

A group of students from Ghana traveled to another country for a year's study. They wanted to become more fluent in French.

One of the girls, a black student I'll call Mary, happened to meet a white German man. Soon they were close friends. Her acquaintances started to talk.

"Got a romance going?" they asked. "With a whitey?"

When someone of a different race, nationality, or even habits breaches the established order of a community, many times it's a recipe for trouble. Eyebrows are raised, and fair-weather friends run up their true colors. So her friends began to spread rumors and pass falsehoods about her friendship with this white German male.

Mary wished to lose neither her friends from Ghana nor her new white companion. She debated about the best course to take. To soothe the ferment, she sought counsel in a spiritual exercise.

It's easy to do a spiritual exercise. Shut your eyes and imagine a conversation with your spiritual guide, whomever you feel comfortable sharing the secrets or your heart with. It can be Jesus or some other religious figure. ECKists look to the Mahanta, the Living ECK Master, the spiritual leader of Eckankar.

So, in a spiritual exercise, Mary said, "Please, Mahanta, give me an insight into this. What can I do? I don't want to lose my friends on this side or my friend on that side."

Such was the concern she laid before the Mahanta.

In the next instant she became aware of being in a past lifetime, standing on a shore with a baby in her arms. Close offshore stood a slaving ship. White men dotted the beach. They brandished whips at a line of black slaves ranged along the sand, shackled in chains.

They herded blacks on the ships while she watched in tears, with a child at her breast. Her husband was one of the slaves. She begged the slave masters, "Please let my husband go. We have a child." Her plea brought harsh laughter.

Soon the last line of slaves boarded the ship. As they embarked, her husband cried out, "If we don't meet again in this lifetime, surely we will meet in another."

So Mary realized it wasn't mere chance to have met this white German student and develop such a strong attraction for him. It was a past-life connection. She also began to notice an oddity. Whenever he was with her, he behaved like an African. He walked, talked, and gestured like an African.

She used to observe him and wonder, *Now where did he pick that up?*

When this inner experience had ended, the Mahanta said to her, "Your friend in this lifetime was indeed your husband then."

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Satisfying Your Past-Life Curiosity

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Finally, Mary understood the strong rapport between them.

After this she could better handle the faultfinding of her friends, who tried to intimidate her by saying, "You shouldn't be seen with that white man. What will people think?"

This criticism was the voice of the social consciousness speaking. It's an element of the human state that tries to put everybody within a society at the same level. It abhors a taller head in the crowd and attempts to pound all heads to the same social, financial, or philosophical level. This social consciousness is the great leveler. Its spiritual harm comes in its frantic zeal to stamp out individuality.

After this inner experience Mary drew a firm line with her friends, because now she knew the origin of affinity for the white German. He was a dear friend from the past. And there she took a stand.

—Harold Klemp, *Spiritual Wisdom on Karma and Reincarnation*, pp. 15-19



"Nondirected prayer depends upon the divine power, the higher power. It depends upon the power of God. So whether you say 'Thy will, not mine be done,' or as we in ECK say, 'May the blessings be' this is the proper spiritual way to direct your own life."

—Harold Klemp, *Love, the Keystone of Life*, p. 99

2018 ECK Springtime Seminar

March 30–April 1, 2018
Minneapolis, MN USA

Awaken to the Secret of Miracles

The Mahanta, the Living ECK Master, the spiritual leader of Eckankar, will be the featured speaker. Experience workshops, spiritual discussions, and other activities for greater spiritual growth.

Please visit www.eckankar.org for more information.

Save the Date
ECKANKAR Presents:

What Is HU?
Explore the Sound of Soul

2018 New York Regional Seminar
April 27–April 28, 2018
SUNY New Paltz
New Paltz, NY 12561

Upcoming Regional Events

Regional seminars are a wonderful way to experience the teachings of Eckankar through talks, workshops, creative arts, and fellowship with the Eckankar community. For full listings, visit www.eckankar.org. Click on Upcoming Seminars, then ECK Regional Seminars. Find the event that interests you and click on the link to its local website.

2018 Massachusetts ECK Regional Seminar
February 2-4
Springfield, MA
eckinmass.org

2018 Rhode Island ECK Regional Seminar
The Road to Spiritual Freedom
Bill Elberty, guest speaker
March 2-4
Warwick, RI
eckankar-ri.org



Capital Area



ECKANKAR ON TV

There's nothing like the feeling of recognizing truth when you hear it.

Talks by Harold Klemp, Spiritual Leader of Eckankar, combine stories, parables, discourse, and humor with rich insights and wisdom you can begin to use in your life today.

Each talk is approximately 30 minutes in length, and airs on the following local Public Access/Cable TV stations:

Albany
Channel 18
Every Monday
2:30 pm–3:00 pm

Amsterdam
Channel 16
Every Monday
2:30 pm –3:00 pm

Saratoga
Channel 18
Every Monday
2:30 pm –3:00 pm

ECK Light and Sound Service

Members of all faiths are warmly invited to attend the ECK Light and Sound Service. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Third Sundays
10:30 a.m. to 11:30 a.m.

December 17, 2017
How Love Reveals Truth

January 21, 2018
What Causes Our Problems?

February 18, 2018
Inner Guidance on Your Journey Home to God

**617 Plank Road,
(Best Western)
Clifton Park, NY**

For more information about any of the above ECK Light and Sound Services please call (800) 630-3546 or visit eckankar-ny.org.

“The ECK Worship Service is to help people find out what they can do to improve their relationship with God. If we can help in any way, we are more than willing to be of service.”

—Harold Klemp,
The Drumbeat of Time,
Mahanta Transcripts, Book 10
pp. 94-95

The Sound of Soul Event
All are welcome, followed by light refreshments

Second Wednesday of each month

6:30 – 7:00 p.m.

December 13, 2017

January 10, 2018

February 14, 2018

**Held at 405 Washington Avenue
(FUUSA); Albany, NY 12206**

For more information please call Pam at (518) 258-6323 or visit eckankar-ny.org.

Experience *HU*, a love song to God. It is the sound within all sounds. It represents the love of God for Soul, and we are Soul. HU represents the enormous love that the Creator has for Its creation. To listen please visit here: www.HearHU.org

A Spiritual Exercise

HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God. Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word “hue”). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound or in some other way.

ECK Video Night

**Held at 405 Washington Avenue
(FUUSA); Albany, NY 12206**

Second Wednesday of the month

7:30 – 8:30 pm
(after monthly Community HU Song)

December 13, 2017
Love Is that Kind of Thing

January 10, 2018
Levels of Dreams in Daily Life

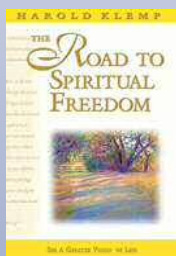
February 14, 2018
A Clear Message

Come watch a half hour video of Harold Klemp, the spiritual leader of Eckankar, giving a talk on a variety of spiritual topics. A light discussion will follow afterward. See sample video talks at: www.eckankar.org

ECKANKAR BOOKS

Many books about the teachings of Eckankar are available from local and online bookstores. Books may also be purchased directly from Eckankar.

To order from Eckankar, or to request a complete listing of ECK books, call 952-380-2200 (M-F, 8:00 a.m. - 5:00 p.m. Central time), write Eckankar, PO Box 2000, Chanhassen, MN 55317-2000, or visit online at www.eckankar.org.



Description

Do you relish life?

Is it an adventure of discovery, joy, and satisfaction? It can be!

Sri Harold's wisdom and heart-opening stories of everyday people having extraordinary experiences tell of a secret truth at work in your life—there is divine purpose and meaning to every experience you have.

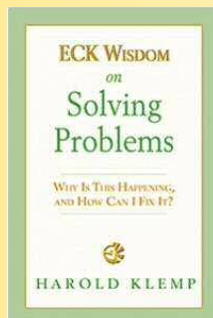
All events listed in these pages are open to the public. All are welcome to attend.

Many (but not all) of the listings here are held at 405 Washington Avenue, (FUUSA) in Albany.

The ECK Light and Sound Service is held at 617 Plank Road, (Best Western) in Clifton Park.

To check for cancellations due to weather, is to call (800) 630-3546 or visit www.eckankar-ny.org.

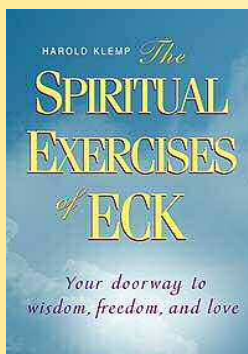
What Is Our Responsibility?



“As we move into the higher states of consciousness, we become more aware of our responsibility—first of all to our selves, but also to other people. Our responsibility to others is mainly to allow them the same freedom we want for ourselves.”

—Sri Harold Klemp,
ECK Wisdom on Solving Problems,
p. 15

The ECK Way to Pray



There are a lot of people who pray to God in the wrong way. They want others to do things their way, so they use prayer to control others and bring about their own wishes. It's like a basketball team praying together before a game: “Dear God, help us win.” Meanwhile, on the opposite side of the court the other guys are busy doing

the same thing. What kind of prayer is that?

When you ask God for help, you can say, “I am aware of the situation and the problem, and I want your help in whatever way you see fit.” This is the attitude of the ECKist. You look to see what you, yourself, can do to make the thing work; how you can overcome your own problem.

When you practice this, you are learning, unfolding, getting experience to become a mature Soul — someone to be a Co-worker with God.

—Harold Klemp,
The Spiritual Exercises of ECK,
p. 215

Want more information?

If you're new to Eckankar and would like to speak with someone in person feel free to give one of us a call. We'll be happy to meet you and to answer any questions you may have. If you'd like we can route you to folks in your local community who have information about what's coming up near you.

Linda and Paul Morelli 516 694-0124
Larry Siegel 845-398-1006



Membership in ECKANKAR

Eckankar, The Path of Spiritual Freedom, can help you find answers to your deepest spiritual questions. Through ECK Light and Sound Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes.

For more information visit Eckankar's main Web site at www.eckankar.org; call 1-800-LOVE GOD, ext. F23; or write:

ECKANKAR
Att: Information, Dept. F23
P.O. Box 2000
Chanhassen, MN 55317-2000

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life:

These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions:

An ECK Spiritual Aide Session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information call 800-630-3546. Please leave a message and we will get back to you.

For free introductory information about Eckankar, you are welcome to call 1-800-LOVE-GOD, ext. F23 (1-800-568-3463, ext. F23), visit the Eckankar Web site or write to the address at right.

NY ECK Centers

ECK Information Center of Capital Area, NY:
PO Box 1316 — Guilderland, NY 12084-1316
Telephone: 800-630-3546

ECK Information Center of Hudson Valley, NY:
PO Box 591, Port Ewen, NY. 12466
Telephone: 800-630-3546

ECK Information Center of Long Island, NY:
PO Box 1002—Patchogue, NY 11772-0800
Telephone: 800-630-3546

ECK Information Center of Western, NY:
PO Box 614 — Getzville, NY 14068-0614
Telephone: 800-630-3546

ECK Center of Greater New York City, NY:
4 W 43rd Street, Suite 503
New York, New York 10036
Telephone: 212-221-1402

ECK Center of Central New York, NY:
206 East Seneca St, Suite H
Manlius, NY 13104
Telephone: 315-692-4539

ECK Center of Rochester, NY:
3300 Monroe Avenue, Suite 313
Rochester, NY 14618-4616
Telephone: 585-288-4721

If you plan to visit, please call in advance for open hours.



ECKANKAR Books

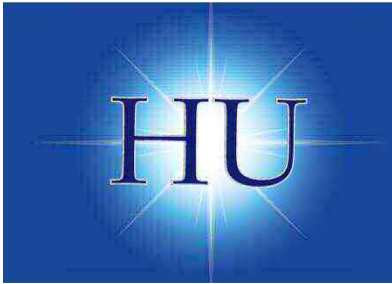
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The Community HU

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See page 3 for Community HU song times in this area, or visit our website at www.eckankar-ny.org for a statewide schedule.

Eckankar is on Facebook. Visit <https://www.facebook.com/Eckankar>

Eckankar offers a great resource:



The *Spiritual Wisdom Journal* is a quarterly online newsletter for people who want more spiritual perspective and encouragement, especially in uncertain times.

Each issue offers inspiring articles, uplifting stories, and dynamic spiritual exercises by Sri Harold Klemp, the spiritual leader of Eckankar. Known as a pioneer of "everyday spirituality," Harold Klemp helps people around the world find greater spiritual insight, and wisdom through dreams, and relief from past-life burdens.

You Can Subscribe Here:
www.SpiritualWisdomJournal.org



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<http://eckankar-ny.org>